



Thursday, April 2, 2020

### 4/2/2020 COVID-19 Updates

#### **Two New Cases of COVID-19 in County; Chautauqua County total of confirmed cases rises to 12**

As of April 2, Chautauqua County has a total of twelve (12) confirmed cases of COVID-19, with two (2) new confirmed cases reported today. These cases involve a man in his 60s and a woman in her 20s.

Of the twelve confirmed positive cases in Chautauqua County, two people have recovered completely and were released from mandatory quarantine, one individual has died, and nine persons are continuing to recover under mandatory quarantine as ordered by the Local Health Official per NYS Public Health Law.

In addition, there are several individuals who have received isolation and quarantine orders by the Public Health Director. This includes:

- **26 individuals in Mandatory Quarantine** (individuals confirmed positive of COVID-19 or a household contact of a confirmed positive COVID-19 case);
- **26 individuals in Precautionary Quarantine** (individuals with travel history to CDC level 3 country or proximal contact of a confirmed case of COVID-19);
- **68 individuals in Mandatory Isolation** (individuals who are symptomatic of COVID-19 and are pending COVID-19 lab test); and
- **156** negative test results to date.

#### **IMPORTANT INFORMATION ABOUT POSITIVE COVID-19 CASES:**

Chautauqua County Public Health staff is conducting investigations to identify close contacts of positive COVID-19 cases. Following guidance from NYSDOH, contact tracing begins on the day the person with the positive test started having symptoms. NYSDOH deems this the beginning of the infectious period. Once identified, our department notifies the close contacts of their potential exposure to COVID-19 and they are placed under mandatory or precautionary quarantine to monitor for symptoms. If you do not personally hear from a public health nurse, you are not a close contact of an individual who has been confirmed to have COVID-19. Per NYSDOH, close contact refers to a person who cared for or lived with a person with COVID-19. It does not include activities such as walking by a person or sitting across a waiting room or office for a brief time.

#### **HOW TO SPEND TIME OUTSIDE WHILE SOCIAL DISTANCING**

Sunshine and warmer temperatures are a welcome change in Chautauqua County. Physical activity improves mood, reduces anxiety, improves cardiovascular health and supports functional health. Go outside, but don't get complacent about preventing the spread of the coronavirus. Your actions are important – for your safety and your "neighbor's"

safety. Take precautions when getting outdoors, because doing so can end up saving someone's life.

- Wash your hands before you go out to protect others; wash them again after being out to protect yourself.
- Pick off-peak hours to exercise outdoors to minimize contact with others.
- Go solo (or only with those who live in your household).
- Practice excellent hygiene – avoid touching surfaces and then touching your face.
- Don't linger. While getting exercise outside is a good idea, the idea is to stay at home as much as possible – not to plan a day outing.
- Take a walk, just stay 6 feet away from others.
- Smile and wave at people – from a safe distance.

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