### **Important Telephone Numbers**

**24 Hour Crisis Services** 1-800-724-0461

**Chautauqua County Warmline** 1-877-426-4373 TEXT:716-392-0252

Eagle's Nest Respite House 1-844-421-1114 ext.3331

**UCAN Mission** 716-488-7480

Salvation Army Anew/Domestic Violence 716-661-3897

Trevor Lifeline LGBTQ Support 1-866-488-7386 TEXT "START" 678-678

For links to supportive services 211

Fire, Medical or Police emergencies 911

- C Call friends, family or crisis help line
- **R** Remember the ones that love you and that you love
- Initialize support and help
- **S** Self-Talk, know that you will get through this
- Inhale and Exhale, breathing helps!
- **S** Step out, Enjoy a walk while you are relaxing

#### **Our Locations**

#### **Dunkirk CCBHC**

60 Franklin Ave Dunkirk, NY 14048 716-363-3550 M-Thurs 8 am - 7 pm Friday 8 am - 5 pm

#### Jamestown CCBHC

200 East 3rd Street Jamestown, NY 14701 716-661-8330 M-Thurs 8 am - 8 pm Friday 8 am - 5 pm

Call to make an appointment.

#### **Get Connected**



Visit

www.chqgov.com

#### Search

@mentalhygieneCHQ





# Certified Community Behavioral Health Clinics (CCBHC)

Outpatient Mental Health and Chemical Dependency Services for Adults, Adolescents, Children and Families

# Certified Community Behavioral Health Clinic (CCBHC)

### What is a CCBHC?

Created to provide comprehensive integrated behavioral health care through a range of services. Our system of care emphasizes recovery, wellness, traumainformed care, and physicalbehavioral health integration.

Cost: Most insurances including Medicaid and Medicare are accepted. Personal fees are determined by a sliding fee scale, based on family income and ability to pay.

### Accreditation

Clinics are licensed by NYS Office of Mental Health and NYS Office of Addiction Services and Supports.

#### Services

- Outpatient mental health and substance use counseling
- Medication assessment and management
- Care coordination
- Peer recovery support
- Medication-Assisted Therapy
- 24/7 crisis behavioral health services
- Family support services
- Group therapy

#### Who We Serve

Offering confidential and professional services for children, adolescents, and adults.

#### **Our Mission**

Timely, Quality, Accessible Care

#### **Client-Centered Treatment**

Clients and clinicians work together and consider client needs, strengths, culture and other aspects of life to provide recovery-oriented care.



## **Our Core Values**

Innovation Dedication Integrity Cooperation Trustworthiness