



January

FREE PARENT DISCUSSION GROUP

The Mental Health Association

10AM-12PM

31 Water St #7, Jamestown NY

DATE

**January
5th**

**January
12th**

**January
19th**

**January
26th**

TOPIC

**Dealing with
Disobedience**

**Developing Good
Bedtime Routines**

**Hassle-Free
Shopping**

**Managing
Fighting and
Aggression**

IN PERSON OR ZOOM

BOOK YOUR SPOT NOW!



TEXT: (716) 489-8999



CALL: (716) 664-3608 EXT 110



EMAIL: AUBREY@PREVENTIONWORKS.US

PREVENTION

WORKS

Educate ■ Collaborate ■ Motivate

