

A Publication Presented By
Chautauqua County Office For The Aging



AGING SERVICES

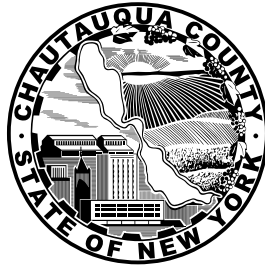
HANDBOOK

Web: <http://chautauqua.ny.us/321/Office-for-the-Aging>

The mission of the Chautauqua County Office for the Aging is to provide information and services to older adults and their families to promote independence, optimal health and wellness in a safe and secure environment.

This is accomplished through...

- an extensive, coordinated outreach and referral effort to the older adult population
- cost effective, nutritious, well-balanced meals through either home delivery or community dining centers
- information and services to promote the independence, health and safety of older adults and to support their families and the communities where they live



Supported by the
New York State Office for the Aging
and the County of Chautauqua

Revised 10/18

A message from the Director. . . .



The Office for the Aging (OFA) staff and I are pleased to provide a wide variety of programs and services for older adults living in Chautauqua County. We appreciate your feedback so we can continue to improve and advocate for the needs of older Americans in our community. We hope this book will provide guidance and answers for most of your questions about aging services available through OFA and many of our community partners. For more in depth information and assistance, remember that help is only a phone call or e-mail away.



Dr. Mary Ann Spanos
Director

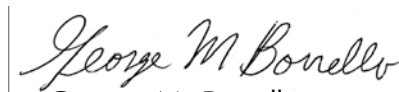
A message from the County Executive . . .



Enhancing the lives of our county's senior citizens is the critical mission of the Chautauqua County Office for the Aging. Dr. Mary Ann Spanos and her team of caring professionals have developed a comprehensive support program that improves the quality of life for so many seniors in our community.

Whether it's working collaboratively with agencies like Meals on Wheels or the Center for Elder Law & Justice to provide critically needed services or assisting with the complex choices of Medicare options, OFA is there to support our valued senior citizens.

This convenient handbook is provided as a resource to those looking to access the services that Office for the Aging, and others, provide in our county and beyond. I hope it will serve as a useful tool in your journey to a healthy, happy and productive lifestyle.



George M. Borrello
Chautauqua County Executive

TABLE OF CONTENTS

Office for the Aging Mission Statement	Inside Front Cover
Aging Services Offices	1
OFA Funded Programs	2 , 3, 4, 5, & 6
Home & Community Based Services	7
Licensed and Certified Home Care Agencies	8
Adult Day Care Services	9
Transportation	10
Financial Benefits and Services	11
Mental Health Services	12
Additional Programs for Seniors.....	12, 13, & 14
Housing.....	15 & 16
Adult Homes and Assisted Living	17
Nursing Homes	18
Area Hospitals	18
Francis “Mac” McCoy OFA Memorial Fund	18
Computer Addresses / Web Sites	Inside Back Cover



Like us on Facebook!
Look for us under
Chautauqua County Office for the Aging

AGING SERVICES OFFICES

Information, referral, advocacy and general assistance for older adults and their families is available at the following locations:

MAYVILLE

Hall R. Clothier Building
7 N. Erie Street
Mayville, NY 14757
(716) 753-4471

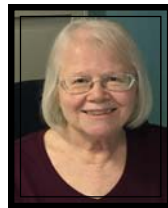


JAMESTOWN

610 W. Third Street
Jamestown, NY 14701
(716) 661-8940

DUNKIRK

45 Cliffstar Court
(inside Dunkirk Senior Center)
Dunkirk, NY 14048
(716) 363-3865



**Looking for a community
service and don't know
who to call?**

NY CONNECTS HELPLINE
753-4582, 661-7582, 363-4582



NY Connects
Your Link to Long Term
Services and Supports

Funding for these offices is provided by Chautauqua County, the New York State Office for the Aging and other sources.

OFA FUNDED PROGRAMS

NY CONNECTS 753-4582, 363-4582, 661-7582



A point of entry into the long term services and support system for older adults and people of all ages with disabilities. Each County has a NY Connects programs where anyone -

individuals, concerned family members or friends, or helping professionals - can go for help in finding specific information about services and supports available locally and that they qualify for. NY Connects has trained Information and Assistance Specialists who will discuss service options available and help you make an informed decision that will meet your needs. Call or e-mail at the numbers listed.

· **Options Counseling-** Is an in-person meeting with specially trained Case Worker for people dealing with a complicated life situation that may need multiple supports. Options Counselors help to prioritize needs and support decision making about services & supports based on the individual's needs, abilities, preferences, values, and resources. May include home visit assessment to discuss options and set an action plan, assistance with accessing supports/services, and following-up.

· **Resource Directory** that can help you find long term services and supports in New York State. For more information, visit the [NY Connects Resource Directory](https://www.nyconnects.ny.gov/) online at <https://www.nyconnects.ny.gov/>

· **Eldercare Locator:** Looking for OFA or NY Connects programs in other counties or states. Go to <https://eldercare.acl.gov> to search by location or zip code or call **1-800-677-1116**



Caregiver Support Services Call NY Connects

In-home visits, counseling, and resources for caregivers as well as:

- **Alzheimers and Dementia:** Specific assistance and training
- **Monthly Support Groups:** Various locations throughout the county
- **Resources:** Articles and information specific to caregivers
- **Respite Care:** In home or facility based

Elder Abuse Prevention Program Call NY Connects

Assistance for seniors at risk for or victims of abuse, neglect, financial exploitation, or scams. Collaborative program with Protective Services for Adults. Trained caseworker will assess the situation and arrange for appropriate assistance. Also provides training for professionals and public.

- **Multi-Disciplinary Team:** Reviews financial exploitation cases with legal, financial, law enforcement, DA, and other community partners to increase prosecution and recovery of assets.

Home and Community Care Services Call NY Connects

May include housekeeping, personal care, home delivered meals, adult day care and personal emergency response systems and more.

Home Repairs and Access Program Call NY Connects

Assistance to adapt your home or bathroom for handicap access and to make critical home repairs where there is a safety concern. OFA also partners with other local organizations to access grants for septic system work, weatherization and more.

Hospital to Home Program Call NY Connects

Service assists some Medicare clients with certain diagnosis as they transition home after an illness. The OFA coach meets with the patient in the hospital and again in their home after discharge to ensure their needs are met and they are aware of community resources available to assist them as they recover.

Legal Services Program Call NY Connects

OFA partners with legal service agencies to provide consultation and limited legal representation on public benefit programs, landlord/tenant issues, and other areas of civil law.

Medicare Insurance Counseling Program Call NY Connects

Unbiased information and counseling about Medicare A, B, C, D and other insurance programs. Annual review of your Medicare plan to make you make the right insurance choice during open enrollment. Also triage insurance problems throughout the year when your health changes. Computer generated comparisons of prescription drug plans and assistance with enrollment. Call for an appointment. Open enrollment is October 15 through December 7.

NUTRITION SERVICES Call NY Connects

- **Senior Meal Programs:** See below
- **Nutrition Education:** Provided monthly at senior dining sites
- **Dietitian Consults:** For individuals or groups, call for an appointment

Dining Sites

Office for the Aging serves noon meals at many sites throughout the county. Older adults may enjoy a nutritious meal, fellowship, recreation and educational opportunities. Reservations are required one day in advance and donations are requested; however, no one is denied a meal due to inability to pay. Sites are conveniently located in:

Brocton	Forestville	Sinclairville
Mayville	Fredonia	Lakewood
Westfield	Findley Lake	

Restaurant Dining Out Program



A full meal from a select or special menu offered at several local restaurants throughout Chautauqua County. Diners must be 60+ to register and request tickets from the Office for the Aging. Suggested donation is \$3.50/ticket. Diner must present ticket when ordering at the restaurant and the gratuity is not included. Contact Mayville OFA for more information about menus and restaurants at (716) 753-4471.

**MEALS ON WHEELS/
HOME DELIVERED MEALS**



The home delivered meal program is done in collaboration with Jamestown Area Meals on Wheels, Dunkirk-Fredonia Meals on Wheels and the Sinclairville 76ers. An in-home assessment will be completed to determine eligibility and meals are delivered to older adults and disabled people in their home who meet criteria. Meals are available based on needs of the client. Cost is based on ability to pay.

ALL NEW REFERRALS NEED TO CALL NY CONNECTS

661-7582 • 753-4582 • 363-4582

Safety Call NY Connects

OFA works with the Office of the Sheriff and other community partners to keep seniors safe through a variety of programs:

- **PERS:** Personal Emergency Response System. Bracelet or necklace button to call for help when you can't get to the telephone.
- **Operation RUSH:** Rush Us Safely Home. Bracelet or necklace worn by individuals who are prone to wander due to memory impairment.
- **RUOK:** Computer generated phone call that asks "Are you okay?" If you cannot answer, help is sent to you directly.
- **Rural House Numbering Project:** Special signs with glow-in-the-dark numbers so emergency personnel can find your home day or night.



WELLNESS/EXERCISE PROGRAMS: Call NY Connects

Offered at various locations throughout the county.

- **Aging Mastery Program:** Learn from experts how to prepare for older adulthood. Discussions of legal, financial, health, and more.
- **Healthy Bones:** Exercise with weights to improve bone strength and increase muscle mass. Helps improve/prevent osteoporosis.
- **Home Safety Assessment:** Evaluate your environment for hazards that can put you at risk for falls.

- **Living Healthy:** Learn how to manage your chronic medical conditions like pain, diabetes, and more.
- **Powerful Tools for Caregivers:** Teaches how to deal with the stress of caring for a family member so you don't burn out.
- **SHINE:** Senior Health in Nutrition Education. Dietician led course to healthier diet and lifestyle.
- **Stepping On:** Education program to help you decrease your risk of falls. Includes presentations by pharmacist, vision specialist and PT.
- **Tai Chi & Tai Chi for Arthritis:** Slow movements and positions based on the Chinese exercise routine to improve balance and prevent falls.
- **Walk with Ease:** Walking program to increase endurance and flexibility.

55+ Employment Program 753-4856, 661-7856 or 363-4856

- Training-to-work: Department of Labor program for adults 55+, who meet income requirements. Enrollees are placed in government or not-for-profit agencies to learn employment skills.
- Computer Training: Basic computer classes with a coach using the Generations Online tutorial. Learn mouse use, key boarding, e-mail, and internet navigation. Call for times and locations.

Transportation to Medical Appointments Call NY Connects

Coordinated by CARTS, this program may provide assistance to medical appointments in the county on CARTS wheelchair buses or out-of-county by linking you with a volunteer driver. Call as you know about your next medical appointment to schedule a ride. (See page 10 for more details)

Utility Assistance Call NY Connects

- **Home Energy Assistance Program (HEAP)** One time benefit to help pay heating bills based on income. Must apply each year. Additional emergency benefit with disconnection notice.
- **Furnace Repair/Replace:** Part of HEAP Program. Must contact county and get approval before work is done!
- **Neighbor for Neighbor, Care & Share:** These are a few of the utility assistance programs that can be accessed after HEAP.
- **Cooling Program:** Provides air conditioners to HEAP-eligible clients who have a medical condition that affects breathing.

IN-HOME SERVICES

To help people who have difficulty with everyday tasks due to a chronic condition and prevent nursing home placement.

OFA Homecare Program: People over 60 who are not eligible for the same services under VA or Medicaid. Includes several services.

- **Aide Service:** Can provide up to six hours per week of housekeeping and/or personal care through licensed home care agency or can hire friend/family member through the consumer-directed program. Must be 60+ years of age and meet the eligibility requirements. Cost sharing may be required depending on income.
- **Case Management:** OFA case manager/nurse assesses client needs and does follow up contacts every two months to ensure services are still appropriate. Provides advocacy and information/assistance when care issues arise.
- **Meals on Wheels:** Meals delivered to your home based on assessment.
- **Personal Emergency Alarm:** Alert system worn as a bracelet or necklace. Allows you to call for help at the touch of a button. For people who are living alone or who are alone for several hours a day. Cellular, GPS, and falls detection options if desired.

Medicaid Homecare Program: Similar to OFA homecare program for people who meet income requirements. May provide more aide hours and service.

- **CASA:** County nurses can guide you to long-term Medicaid options and provide case management for housekeeping (level 1), consumer-directed and LPN services. 753-4447, 661-7447, or 363-4447.
- **Maximus:** Statewide agency to enroll in long-term Medicaid for personal care at home and nursing home coverage. 1-800-342-9871.
- **Application assistance** for the aged, blind and disabled program available through Southwestern Independent Living Center.

Veterans Homecare Program: In-home care for “service-connected” veterans. Contact county Veterans Service Agency (661-8255 south county, 268-6030 north county) to find out if you are eligible for these.

CALL NY CONNECTS to start any of the services above:
753-4582, 363-4582, 661-7582

PRIVATE PROVIDERS

Some agencies and independent providers offer geriatric care management, home care, housekeeping, house repairs and other home services on a fee-for-service basis. For a current list of providers and the services offered contact NY Connects.

LICENSED AND CERTIFIED HOME CARE AGENCIES

All licensed and certified home care agencies are overseen by the NY Department of Health and must adhere to strict standards set by the state. Certified Home Health Agencies provide part time, intermittent health care and support or restorative services to individuals who need intermediate and skilled health care. Licensed home care agency services are typically maintenance-type services that support the individual long term to remain in their home.

Accredited Care, Inc.
484-7101 (Jamestown)

Lake Shore Long Term
Home Health Care Program
951-7167 (Irving)

Aftercare Nursing Services, Inc.
487-2273 (Jamestown)

Partners in Care - Memory Garden
488-9434 (Jamestown)

Caregivers
484-9113 (Jamestown)

Trusted Nurse Staffing
877-853-5010

Chautauqua Opportunities, Inc.
661-9460 (Jamestown)
366-3335 (Dunkirk)

Visiting Nurses Association of WNY
483-1940 (Jamestown)

Willcare, Inc.
487-1131 (Jamestown)

HOSPICE

**20 W Fairmount Ave.
Lakewood, N.Y. 14750
338-0033**



Facing a serious illness, accepting the possibility of loss of your loved one... Hospice is here to help. We also provide a palliative care program for long term symptom management and support for people with a life-limiting illness. Services may be covered under Medicare, Medicaid and private insurance.

SOCIAL ADULT DAY PROGRAMS

These centers provide activities and care in a supervised setting for adults who should not be left alone or who could benefit from socialization. Call NY Connects or any agency directly for guidance in selecting quality cost-effective services.

Chautauqua Adult Day Care Centers, Inc.

Dunkirk

733 Central Avenue
Dunkirk, N.Y. 14048
366-8786

Present Center

358 E. Fifth Street
Jamestown, N.Y. 14701
665-4899

Taft Center

663 Lakeview Avenue
Jamestown, N.Y. 14701
664-9759

Westfield

58 South Portage Street
Westfield, N.Y. 14787
326-6842



Comfort Today/Memory Garden

17 Gifford Ave.
560 Fairmount Ave., W.E.
Jamestown, N.Y. 14701
338-0500

Lake Shore Family Center

845 Routes 5 & 20
Irving, N.Y. 14081
934-2353

MEDICAL MODEL/ADULT DAY HEALTH CARE

An alternative to nursing home placement for adults who have skilled care needs and have support at home. This is a long term care program for the frail elderly, chronically ill and disabled individuals in a day center setting.

Warner Place

155 Aldren Avenue
Jamestown, N.Y. 14701
720-9430

TRANSPORTATION

CARTS 665-6466 or (800) 388-6534

Chautauqua Area Regional Transportation System (CARTS) operates public transportation service on fixed routes throughout the county. CARTS also provides on-demand door-to-door services using wheelchair vans or volunteer drivers for those who qualify. CARTS coordinates transportation to medical appointments for Medicaid, Office for the Aging, and the Veterans Service Agency. Call CARTS for rates and schedules. On-demand services should be scheduled at least 2 days in advance. Hours of operation are Monday-Friday from 7:00 a.m. - 5:00 p.m.



Southwestern Independent Living Center Wheelchair Van: 661-3010

Provides low cost rides for disabled people of any age. Call in advance.

Private Transportation Services

For a full listing call NY Connects or search online at www.nyconnects.ny.gov

FINANCIAL BENEFITS & SERVICES

Chautauqua County Department of Health & Human Services (HHS)

Jamestown, 110 E. 4th St. 661-8200

Dunkirk, 319 Central Ave. 363-3500

Medicaid 1-855-222-8350

Maximus is the state-wide enrollment agency for Medicaid. Applications are available through county HHS or call NY Connects. Application assistance is available through Southwestern Independent Living Center 661-3010.

Medicare 1-800-633-4227

Health insurance for adults 65 and disabled individuals. To enroll, call Social Security within 3 months of 65th birthday. For counseling on different Medicare Insurance options and prescription drug plans contact NY Connects.

New York State Department of Health: 1-855-355-5777

The official health plan marketplace for New York residents to shop for insurance. Call or go online to be connected to local service navigators.

Social Security Administration Offices 1-800-772-1213

Jamestown Office, 321 Hazeltine Ave. 1-877-319-3079

Dunkirk Office, 437 Main St. Suite 2 1-888-862-2139

- **Regular Benefits:** apply through the office in your area
- **Supplemental Security Income (SSI)** - federal benefit for the aged, blind or disabled of any age.

Supplemental Nutrition Assistance (SNAP): Federal program that provides a monthly stipend to assist with food purchases. Can apply on-line through www.mybenefits.gov or obtain an application through NY Connects or HHS. Assistance to complete the application is available.

MEDICARE - BEFORE YOU TURN 65...

You can enroll in Medicare Part A and/or Medicare Part B in the following ways:

1. Online at www.SocialSecurity.gov.
2. By calling Social Security at 1-800-772-1213 (TTY users 1-800-325-0778), Monday through Friday, from 7AM to 7PM.
3. In-person at your local Social Security office.



MENTAL HEALTH SERVICES

Chautauqua County Crisis Hotline **1-800-724-0461**

24-hour crisis intervention service offering information and referrals.

Family Services of Chautauqua Region: **488-1971 or 1-888-358-3899**

Confidential mental health therapy. Also may provide **House Calls** for seniors who are homebound (home, nursing home, assisted living).

Medical/Behavioral Health Care **1-814-864-4031**

Located at Millcreek Hospital in Erie, PA, the center provides in-patient medical and psychiatric evaluation and treatment designed to meet the needs of an aging population.

- Single Point of Access (SPOA) for Mental Health Services
- Suicide Prevention

Mobile Crisis Unit: **1-888-336-3133**

Crisis intervention after 5:00 p.m. and on weekends.

SUPPORT GROUPS

Provide information and advocate for individuals or family of individuals with mental or physical health diagnosis. Alzheimer's, mental health (NAMI), diabetes and Parkinson's are just a few of the many support groups that meet at various times and locations around our county. For a full listing of support groups, contact NY Connects.

ADDITIONAL PROGRAMS

Call Call NY Connects to learn more **753-4582, 363-4582, 661-7582**

Alzheimer's Association of Western New York: **800-272-3900**

A not-for-profit agency dedicated to providing information, education and advocacy about Alzheimer's and other dementias.

Catholic Charities: **366-3533**

Assesses needs, provides counseling and support to elderly and their families of all denominations.

Center for Elder Law & Justice **261-3275**
Confidential legal assistance to focus on landlord/tenant issues, financial abuse/exploitation.

Center for Resolution & Justice **483-7774 or 1-800-339-8539**
Offers confidential, no-cost resolution of disputes outside the court system.

Chautauqua Blind Association **664-6660**
Screening, teaching and adaptations for people with visual impairment.

Chautauqua Works **661-9553 or 366-9015**
Can help match skills for today's jobs and assist you in developing new skills by providing services such as: preparing for job interviews, resume preparation, occupational training, job listings and employee contracts.

2-1-1 WNY Information & Referral Service **2-1-1 or 1-888-696-9211**
2-1-1 is a free, confidential service. A single call allows you to receive information on services throughout western New York.

Eldercare Locator: **1-800-677-1116**
To find the Office for the Aging (also called Area Agency on Aging) for loved ones who live in other states. Search by zip code at <https://eldercare.acl.gov>.

EPIC (Elderly Pharmaceutical Insurance Coverage) **1-800-332-3742**
A cost-share prescription plan for persons age 65 or older. Income restrictions apply. For enrollment assistance, call NY Connects.

Food Pantries - Call NY Connects for a full listing.

Foster Grandparent Program **665-5354**
Persons 55 and over, volunteer 15-40 hours per week in local schools. Stipend is provided and must meet income requirements.

NYS Kinship Navigator
..... **Phone: 877-454-6463, TTY: NY Relay 711 or 800-421-1220**
Services for grandparents/relatives raising grandchildren.

New York State Office for the Aging (NYSOFA) **1-800-342-9871**
State link for aging information; also handles complaints or concerns regarding older adults.

Protective Services for Adults..... 661-7447 or 363-4447 or 753-4447

Trained caseworkers with the Chautauqua County Dept. of Health & Human Services will investigate reports of abuse and neglect of individuals over the age of 18 years, who have physical or mental impairments and have no one willing or able to assist them. All referrals are kept strictly confidential.

Respite Care Call NY Connects

Offered for various lengths of time in home or facility. Call Chautauqua County NY Connects for more information.

RSVP 665-3038 or 366-8070

Volunteer opportunities in many various agencies for people 55+.

The Salvation Army 664-4108

Provides food, shelter, and emergency assistance to people in need.

Southwestern Independent Living Center (SWILC): 661-3010

Helps connect people with disabilities to programs and services to help them stay independent in the community. Also provides Medicaid application assistance for the aged, blind and disabled program.

Tax Counseling Services Call 211 for a full listing

Provides low/moderate income and handicapped taxpayers with qualified volunteer assistance in filing their personal income taxes. Program is available February 1st through April 15th.

United Senior Council (USC) Call NY Connects

A member of the Statewide Senior Action Council, the USC has brought together older adults from all parts of the county to provide friendship, cultural achievements, recreation and instructional activities. USC works closely with OFA to advocate and develop programs that benefit older citizens. Meets monthly in various locations, call for schedule.

Clubs and Centers for Older Adults

For a full listing of senior groups in your area, contact NY Connects.

Veterans Service Agency 661-8255 or 268-6030

Assists veterans, widows or dependents in obtaining benefits through the Veterans Administration.

HOUSING

INDEPENDENT HOUSING

Green Acres
102 Wisteria Dr.
Fredonia, N.Y. 14063
679-7733

Hanover Hill Apartments
1413 Central Ave.
Silver Creek, N.Y. 14136
934-0099

Herbert Star Apartments
54 Central Ave.
Brocton, N.Y. 14716
792-7585

Heritage Village Retirement Campus
4600 NY Rt. 60
Gerry, N.Y. 14740
985-6823

High Rise Building
303 W. Fifth St.
Jamestown, N.Y. 14701
664-3345

Hotel Jamestown
110 W. Third St.
Jamestown, N.Y. 14701
664-3345

Hyde Park
28-32 North Street
Panama, N.Y. 14767
782-3822

Lincoln Arms
430 Main St.
Dunkirk, N.Y. 14048
366-1613

Mayville Senior Apartments
170 Lakeview Ave.
Mayville, N.Y. 14757
753-3552

Euclid Gardens
28 Euclid Ave., P.O. Box 3311
Jamestown, N.Y. 14701
664-2044

Bell Tower Apartments
10 Ruggles St.
Dunkirk, N.Y. 14048
366-8740

Carroll Manor
15 Cherry St.
Frewsburg, N.Y. 14738
569-4176

Charlotte Villa
3 Church St.
Sinclairville, N.Y. 14782
962-8419

Chautauqua Colony
2109 Southwestern Drive
Lakewood, N.Y. 14750
664-2200

Collins Manor
80 West Main St.
Ripley, N.Y. 14755
736-7303

Concord Estates
441 Temple St.
Fredonia, N.Y. 14063
672-2300

Cottages on the Pond
560 Fairmount Ave.
Jamestown, N.Y. 14701
488-9434

Covenant Manor
23 W. Third St.
Jamestown, N.Y. 14701
664-3208

Crestline Villa
113 Anderson St.
Jamestown, N.Y. 14701
664-3297

NOTE: Please call individual housing units for appropriate mailing address

HOUSING (continued)

United Methodist Gardens
430 East Ave.
Falconer, N.Y. 14733
258-7011

North Haven
125 Church St.
Sherman, N.Y. 14781
761-6505

One Temple Square
Temple St.
Fredonia, N.Y. 14063
672-2136

Portage Hill Apartments
40 Evans St.
Mayville, N.Y. 14757
753-2199

Springwood Apartments
40 Spring Street
Westfield, N.Y. 14787
326-7303

Steger Apartments
15 N. Main St.
Dunkirk, N.Y. 14048
366-8740

Sunnyside Manor
27 Sunnyside
Bemus Point, N.Y. 14712
386-3204

Willowbrook Manor
Mohawk St.
Clymer, N.Y. 14724
665-8197

Wright Apartments
418 Central Ave.
Dunkirk, N.Y. 14048
366-1613

EDGEWOOD COMMUNITIES

Jamestown, N.Y. 14701 - 665-8197

Brostrom Hall Apartments
175 Aldren Ave.

Carlson Tower Apartments
165 Aldren Ave.

Hugo A. Lindgren Apartments
Aldren Ave.

SILVER TREE SENIORS OF JAMESTOWN

Jamestown, N.Y. 14701 - 258-7011

Ernest G. Anderson Manor
8 Crane St.

Stephen B. Carlson Apartments
842 N. Main St.

William B. Anderson Tower
9 Crane St.

Paul A. Westerberg Tower
145 Chandler St.

NOTE: Please call individual housing units for appropriate mailing address

ADULT HOMES & ASSISTED LIVING

Bergquist Adult Home
4600 Route 60, P.O. Box 350
Gerry, N.Y. 14740
487-6800

Brookdale Lakewood*
220 Southwestern Dr.
Lakewood, N.Y. 14750
665-2414

Fredonia Place*
50 Howard St.
Fredonia, N.Y. 14063
484-9410

St. Columban's on the Lake
Rt. 5, 2546 Lake Rd.
Silver Creek, N.Y. 14136
934-4515

Frewsburg Rest Home for Adults
106 W. Main St.
Frewsburg, N.Y. 14738
679-3095

Tanglewood Manor Adult Home**
560 Fairmount Ave., W.E.
Jamestown, N.Y. 14701
483-2876

Shady Rivers*
504 Fairmount Ave., W.E.
Jamestown, N.Y. 14701
720-4777

Memory Garden**
560 Fairmount Ave., W.E.
Jamestown, N.Y. 14701
488-9434

Hultquist Place**
715 Falconer St.
Jamestown, N.Y. 14701
720-9610

Women's Christian Assoc.
WCA Home**
134 Temple St.
Fredonia, N.Y. 14063
672-7961

Southern Tier Meadows
4883 W. Main Rd.
Fredonia, N.Y. 14063
679-4883

Orchard Grove Residences**
2000 Southwestern Drive W.E.
Jamestown, N.Y. 14701
338-1605 or 338-1600

* These Homes are Private Pay.

** These offer Medicaid approved Assisted Living

NURSING HOMES

Chautauqua Nursing & Rehabilitation (Dunkirk)	366-6400
Heritage Green (Greenhurst)	483-5000
Heritage Park (Jamestown)	488-1921
Heritage Village (Gerry)	985-4612
Lake Shore Health Care Center (Irving)	951-7167
Lutheran Social Services (Jamestown)	665-4905
Absolut Care of Dunkirk (Dunkirk)	366-6710
Absolut Care of Westfield (Westfield)	326-4646

AREA HOSPITALS

Brooks Memorial Hospital (Dunkirk)	366-1111
TLC Health Network (Irving)	951-7000
UPMC Chautauqua (Jamestown)	487-0141
Westfield Memorial Hospital (Westfield)	326-4921



**OFFICE FOR THE AGING MEMORIAL FUND
in Memory of Mac McCoy**

"Mac" McCoy was the director of the Chautauqua County Office for the Aging 1988 to 1998. In his memory, this fund was established at the Chautauqua Region Community Foundation.

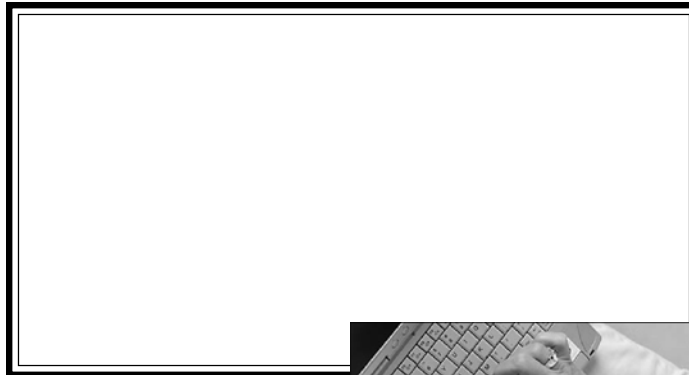
The proceeds are used annually to enhance and expand services for older adults in our county as recommended by the Office for the Aging Advisory Council. Since OFA funding is limited, this provides a tax-deductible way for people to donate to Office for the Aging and help other seniors. The fund can also be named in your will to "Pay It Forward" to the OFA programs that helped you during your lifetime.

Tax-deductible donations can be made in honor or memory of a loved one at the Chautauqua Region Community Foundation c/o OFA Fund or on line at www.crcfonline.org and go to "Be a Star."

COMPUTER ADDRESSES

To reach the Chautauqua County Government web site with links to the Chautauqua County Office for the Aging:
<http://chautauqua.ny.us/321/Office-for-the-Aging>

The e-mail address for the
Chautauqua County Office for the Aging
and Chautauqua County NY Connects
ccnyc@co.chautauqua.ny.us



OTHER V

A personal computer can
of information. Listed below
start you on your search:

www.medicare.gov
www.ssa.gov
www.aoa.gov
www.benefitscheckup.org
www.aarp.org

Key Words:

Aging, Medicare, Prescriptions, Older Adults, Disability... these words can be used to begin the information gathering process and lead you through a step-by-step search for knowledge.

